### activities

Our full-time activities director coordinates and designs activities for each resident, taking into account the likes and dislikes, hobbies and even previously-held occupations, of everyone. The activities are designed to help our residents to remain involved and active in the community by doing things they are interested in. The activities range from civic and social programs to religious activities. Also included are programs that bring the public in to visit us at Maple Valley and even go outside the facility into the community. We know that in addition to the entertainment, therapeutic and educational benefits from these activities, our residents become invigorated and healthier from the experiences.

## directions

From Indiana: Take 422 West (or Philadelphia Street) toward Kittanning and turn left onto Parkwood Road. Follow 1.7 miles, then turn right on Anthony Run Road. Maple Valley is on the left.

From Kittanning: Take 422 East to Shelocta, then turn right onto Anthony Run Road. Follow for 2 miles and look for Maple Valley on the right. There are signs to assist in finding us.

### services

- •Full-time activities director
- Exercise programs
- Doctor on call
- Podiatrist
- Restorative programs (individualized)
- Physical, occupational and speech therapies
- Housekeeping/laundry
- Personal assistance
- Scheduling/transportation to appointments
- •Christian environment (all faiths welcome), Chaplin on staff
- Pet therapy
- Qualified, caring staff
- Special diets
- Open visitation
- •Guest meals (served in the private dining room if requested)
- •Respite care
- Medication assistance
- •Three-home-cooked meals per day, plus snacks
- Religious services
- Nurses on staff

## address

Maple Valley Personal Care Home, Inc. 2212 Anthony Run Road Indiana, PA 15701

President & Administrator:

John Williams

Vice President & Physical Therapist:

Lynae Williams



Phone: (724) 465-4343 maplevalley@salsgiver.com Fax: (724) 465-4543 maplevalleycarehome.com



#### about our home

Private and semi-private rooms, each with a private bathroom

Emergency call systems in each room and bathroom

Individual heating and air conditioning controls in each room

Cathedral ceilings in each bedroom

Security alarms and alarmed doors, interconnected fire alarm system, security cameras, sprinklers, emergency generator and wandering management system

Telephone and satellite hookups in each room

Beauty / barber shoppe

Private dining room for families to share with their loved ones

Sunroom

Activity room with kitchenette available to residents

Wrap around porch with furnishings

Three fireplaces

Handicapped accessible

Newer, modern facility all on one floor, built to provide security and meet the needs of our residents

Professional, individualized care in a loving family atmosphere

# Maple Valley -Home in the Country

New for 2018! We are pleased to offer spacious living suites that include kitchennettes, a larger activity room, an updated private dining room, therapy room and exercise space, courtyard and a new large living room with fireplace. These new features give residents more options in the way they live to live, as well as to add to the natural charm and beauty of our facility.

Nature abounds on the 130 acres that comprise the grounds of Maple Valley. The property behind us is open and features a breathtaking view of woodlands and Anthony Run. The rooms were specially designed to allow the outdoors in. The atmosphere throughout Maple Valley is very spacious and airy.

We are proud of the warm and inviting atmosphere of our facility. Our residents are encouraged to surround themselves with their most cherished treasures, family photos and any other personal effects they consider dear. Residents may bring their own furniture to decorate their rooms, or we can provide that service if needed. Located just minutes from Indiana on Anthony Run road, it is only a short drive to a peaceful personal care home with the best services in the area.

Maple Valley will provide restorative programs and promote an active, healthy lifestyle. The facility is owned and operated by a physical therapist who specializes in geriatrics. We use this expertise to establish programs that assist our residents in maintaining their highest level of function, thereby allowing a high quality of life. Your loved one will receive the best care at Maple Valley.

We at Maple Valley believe that life is rewarding at any age. We are here to assist our residents to live their lives to the fullest, no matter what their limitations may be.





